

DISHES AND THEIR ALLERGEN CONTENT – (Kingsholm C of E Primary and Nursery School – Winter Menu 2025)

DISHES														
Week: 2 W/C 10th Nov W/C 1st Dec	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tomato & Vegetable Pasta Bake		√												
Quorn Burger		√		√										
Lemon Drizzle Cake and Cream		√		√			√							
Beef Casserole													√	
Omlette				√										
Chocolate Brownie		√		√										
Roast Pork and Gravy													√	
Quorn Roast							√							
Strawberry Jelly and Fruit														
Jerk Chicken & Rice														
Sweet / Sour Noodles		√		√										
Pancakes with Chocolate Sauce		√		√										
Chicken Nuggets		√		√			√						√	
Vegan Sausage		√												
Shortbread		√												